

**Sensory-Motor Integration:
 Information Day for parents, teachers and health workers
 Saturday April 20 2002, 9.30am - 4.30pm
 The Pavilion, Llandrindod Wells, Powys**



Many children and adults with difficulties on the dyspraxia-dyslexia-ADHD-Aspergers-autism spectrum struggle to process sensory input and respond with appropriate action. A variety of functional disturbances in the central nervous system can interfere with learning, coordination and social development. This day aims to explore some approaches which address these disturbances. Talks and demonstrations/workshops to be given by guest speakers on the following topics:

Neuro-developmental therapy / primitive reflex inhibition

Newborns have a cluster of primitive survival reflexes which should be replaced during the first year of life by adult postural reflexes. If the primitive reflexes persist, they can interfere with coordination and concentration, giving rise to difficulties with organisation, behaviour and learning. Therapy involves a series of movements designed to inhibit primitive reflexes, making way for more appropriate adult ones.

Sound therapy

can be used for children with listening/auditory processing problems, sound sensitivities, learning and attention deficits, or problems with receptive and expressive language problems, perceptual difficulties, sensory integration and developmental delay. Therapy consists of listening to CDs of specially treated music and sounds from nature, which exercise the ear and improve auditory processing.

Behavioural optometry (optometric vision therapy)

Learning difficulties may be associated with vision problems which do not show up under standard eye tests. Specific tests are needed to detect these problems. Treatment programmes to correct and improve visual skills dysfunction and visual-perception-motor dysfunctions lead to more productive reading and study, better coordination skills and greater general confidence.

Brain Gym

Simple movements to integrate left and right hemispheres, improving neurological processing and integration. Enhances learning, emotional balance and physical well-being. Originally created to address learning difficulties, it is now also used by people in all walks of life to enhance performance in education, sport, the arts, business, etc. Teachers can learn the movements and teach them to classes.

Partially funded by Powys Children and Families Forum

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 Information is also available on www.edavies.co.uk

Entrance by prior booking only: includes lunch, tea and coffee.
 £15 per person if received before March 20, later bookings £20, closing date April 15
 Please make cheques payable to "Info Day"

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Complete and send to Elisabeth Davies at above address

NAME..... TEL (day).....(eve).....

ADDRESS.....

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ORGANISATION (if any).....

Number of places required:..... Cheque enclosed for £.....

email address (please write clearly!)